

# Celebration · ESCAPES ·

— TRANSFORMING DREAMS INTO MEMORIES —

## 14 Day Ultimate Costa Rica Experience Rainforests, Mountains, Beach & Island



**Grupo Islita's** three select properties blend the best of **Costa Rica's beach, mountain, & island** settings featuring upscale comfort and customized services.

### **CUSTOM ITINERARY – YOUR DATES – FLEXIBLE INCLUSIONS – 14 DAY ITINERARY**

#### **BEACH, MOUNTAIN & ISLAND COMBINATIONS**

Enjoy an unforgettable experience at all three of Grupo Islita unique luxury destinations: Hotel Punta Islita, Isla Chiquita and El Silencio Lodge & Spa. Combining the very best of Costa Rica's beach, island, and mountain settings. **The Ultimate Costa Rica Experience!**

## Sample Ultimate Costa Rica Experience Itinerary:

**Itinerary can be customized to suit your preferences with more time  
in any of the three areas and properties – allocated as you like.**

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## Arrival & Day 1 – 5 El Silencio: US – Liberia International Airport - El Silencio

Arrival at Liberia International Airport. Meet your private English-speaking Driver in the baggage Claim area of the airport for your transport to El Silencio.

Private transfer to El Silencio

Stop for Lunch en-route

Arrive at El Silencio and check into your resort. Inclusions are listed below. Customized daily itinerary for additional tours, experiences, spa, etc. will be prepared after the Creative Planning Session to insure personal itinerary for the travelers.

- 4 nights in suite with private outdoor whirlpool
- 3 daily a-la carte wellness meals per person
- Personal eco-concierge services
- Daily in-room snacks
- Guided hiking tour
- Los Bajos cultural tour
- 3 eco-adventures per person: horseback riding, Sarapiquí River Rafting & Canopy Zip-Lining.
- Private ground transportation to hotel (airport – hotel – airport).

## Day 5 – 10 El Silencio: Transfer to Punta Islita

### Punta Islita

Arrive at Punta Islita and check into your resort. Inclusions are listed below. Customized daily itinerary for additional tours, experiences, spa, etc. will be prepared after the Creative Planning Session to insure personal itinerary for the travelers.

- 5 nights in deluxe rooms – Jr. Suite – Suite or Villa
- Choice of continental or traditional Costa Rican breakfast
- Islita inspiration welcome cocktail
- Romantic dinner with guitar serenade
- Islita cultural tour
- Tandem massage at Casa Spa

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- Choice of 1 eco-adventure per person: monkey quest or mangrove kayaking.
- Private ground transportation to hotel (airport – hotel – airport).



## Day 10- 14 Punta Islita: Transfer to Isla Chiquita

Check out of your resort and meet your private English-speaking Driver in the lobby of the resort for your transfer to Isla Chiquita. Details of transfer will be included.

Arrive Isla Chiquita and check into the resort. Inclusions are listed below. Customized daily itinerary for additional tours, experiences, spa, etc. will be prepared after the Creative Planning Session to insure personal itinerary for the travelers.

- 4 Nights in Glamping tent with deck
- Breakfast
- Welcome cocktail
- Self-guided kayaking & SUP
- Bioluminescence or moonlight kayaking
- Isla tortuga expedition
- Artisanal Fishing
- RT boat transfer from Paquera

## Day 14 Isla Chiquita: Isla Chiquita – Costa Rica Airport – US & Home

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Transfer to the airport via private transfer. Connect with your International flights to the US and onward to home.

**End of Services.**

**Ready to plan your journey? Contact us today ! 678-500-9548**

**Schedule Your Creative Planning Session Now!**

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## Extended Stay Options

We offer a **7day Best of Both Worlds Costa Rica Experience**. Stay 4 nights in Punta Islita at the beach and 3 nights at El Silencio in the rainforest. Your package will include transfers from the airport to the resort, transfer to the second resort, and transfer to the airport at the end of your stay. We ensure seamless logistics for your journey, from arrival to departure.

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We offer **3-4 Day extended stay Packages in each of the destinations** to extend your time in Costa Rica or to use as Pre-&-Post Stays at the beginning and or end of your stay. Please see optional ideas outlined below in full descriptions of each destination.

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**End of Services.**

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## Discover Your Destinations

### Punta Islita



Renowned among the best eco-luxury beach resorts in Costa Rica, Hotel Punta Islita is a unique and engaging destination that connects guests with the vibrant culture and legendary landscapes of its surroundings.

Our signature Authentic Costa Rica Experiences are a complimentary menu of hotel-led activities including art sessions, cooking lessons, horseback riding, and zip-lining. A great value for those who want to fully embrace Costa Rica's eco-adventures and culture.

Offering one of the best ocean views in Costa Rica, the resort's infinity-edge pool merges with the ocean horizon, playfully reflecting spectacular cloud shapes and sky colors. Set on the property's top terrace and adjacent to Pacifico Restaurant, it offers a tranquil setting to enjoy the Guanacaste coastline and Islita Beach's signature islet outcropping. Please note that the minimum age to use the infinity-edge pool is 16. The beachside Los Cocos pool welcomes all ages!

Perfect for couples or families, Hotel Punta Islita was designed for adventurers who wish to discover Costa Rica's authentic experiences in a private, secluded off-the-beaten path destination.

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Set in a secluded beach cove in Guanacaste, Costa Rica.



**Fine dining at 1492 Restaurant.**

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**Ocean side lounging at Borrancho Beach Club.**



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At Hotel Punta Islita, our accommodations stand out for their impeccable details that fully reflect the best of local culture and hospitality and the comfort and amenities expected of a charming eco-luxury beach resort in Costa Rica.

The locally inspired architectural features of our guest rooms, Suites, and Villas create an engaging tropical fusion design that blends indigenous and Spanish-colonial styles. Our options offer the best lodging for honeymoons, family vacations, and couple getaways.

An open-layout and tiered topography emphasize bright spaces that prompt guests to embrace the natural surroundings and beach vistas. All accommodations feature spectacular ocean cove or forest views, local design influences, warm ambiance and unparalleled privacy.

**16 Deluxe Rooms, 8 Suites & 8 Casitas for couples & honeymooners.**

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## **25 fully-outfitted Private Villas for families & extended stays.**

Located within Hotel Punta Islita's campus, our 2 Bedroom Villas feature two spacious bedrooms with private bathrooms. The common areas include a full kitchen, sitting and dining areas, and a half- bathroom. Each offers a refreshing plunge pool, framed by landscaped gardens, a shaded open terrace, and mountain and/or ocean views.

Each of our 3 Bedroom Villas features a unique design, location, and layout. All feature three bedrooms with private bathrooms, and the comforts and amenities of a Private Beach Home. They offer privacy and full access to the hotel's facilities and services. All feature a private plunge pool with lounging terrace and gardens.

# Celebraion

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**Eco-adventures: surfing, canopy zip-lining, horseback riding, kayaking.**



# Celebraion

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**Nature treks: Bird watching, sea turtle expeditions, monkey safaris, hiking.**



**Maximum sustainability rating (5 leaves) by the Costa Rican Sustainability Certification.**

**Signature wellness treatments at Casa Spa.**

# Celebraion

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**Executive 9 hole Golf Course.**



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## AUTHENTIC COSTA RICA EXPERIENCES

### A UNIQUE OPPORTUNITY TO ENJOY COSTA RICA

We want you to enjoy your visit to the fullest! Costa Rica has much to offer and our secluded ocean cove is the perfect place to explore its signature sights, sounds, and flavors. Hotel Punta Islita's one-and-only Authentic Costa Rica program features complimentary activities and tours. Free during your stay! From Art-Sessions to Zip-Lining, it is the ideal way to engage, learn, and have fun.

### ECO ADVENTURE

Hotel Punta Islita's wonderful natural setting and 300-acre property provide ideal opportunities to live the authentic excitement of Costa Rica's legendary eco-thrills. From intense adrenaline to soft-paced fun, travelers will find their favorite Costa Rica adventure on-site or within a short driving distance.

All of these activities are included in the Authentic Costa Rica Program.

#### CANOPY ZIP-LINING

Canopy Zip-Lining is one of Costa Rica's signature adventures. Soar through the forest canopy while safely suspended from a steel cable zip-line! Hotel Punta Islita's tree-friendly adventure is set on ground platforms and crisscrosses a deep canyon for spectacular views and a generous rush of adrenaline.

#### HORSEBACK RIDING

Horseback Riding is perfect to explore and take in Costa Rica's beautiful beach scenery and tropical forest. Our selection of guided riding adventures let riders of all levels enjoy signature Guanacaste landscapes and spectacular views. Offered in the morning and around sunset.

#### HIKING

The Brisk Morning Hike is a perfect way to greet the day and take in Costa Rica's natural intensity. Or try the Dusk Adventure Hike to witness the forest's nocturnal critters. These guided hikes let you enjoy our private trails and surroundings.

### WILDLIFE

Hotel Punta Islita is surrounded by intense tropical forest, exuberant coastal wetlands, and marine ecosystems. It is a perfect Costa Rica destination for wildlife enthusiasts, bird watchers, and photography buffs.

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These favorite wildlife experiences are part of the Authentic Costa Rica Program.

### **MONKEY QUEST**

Did you know that Howler Monkeys are the loudest land animals? Costa Rica's rich natural diversity is fascinating! The raucous howler monkey is among the largest monkey species in the Americas. Its whooping growl can be heard over a 3-mile radius. Highly social, howler monkeys travel in groups of up to eighteen members. Your guide will bring a spotting telescope to better enjoy a close-up look at these creatures.

### **BIRDWATCHING**

Birding enthusiasts will relish the opportunity to see and photograph up to 35 different species in their natural habitat. Your guide will bring along a telescope and binoculars to enhance the experience.

## **AUTHENTIC COSTA RICAN CULTURE**

Hotel Punta Islita offers a unique cultural immersion setting, based on a close relationship with neighboring communities. The creation of the Islita Art Museum and special outreach initiatives allow travelers to experience authentic Costa Rica.

The Islita Art Museum and the community art associations vividly reflect the region's intense character and passion for color and form. These experiences pair you with local groups to create a signature piece and unique memento of your visit. Embroidered collages, delicate mobiles, rustic sand candles, handmade paper, and jewelry are some of the projects that will bring out and delight your inner artist.

These engaging cultural experiences are part of the Authentic Costa Rica Program. The Islita Art Museum and the community art associations vividly reflect the region's intense character and passion for color and form. These experiences pair you with local groups to create a signature piece and unique memento of your visit. Embroidered collages, delicate mobiles, rustic sand candles, handmade paper, and jewelry are some of the projects that will bring out and delight your inner artist.

These engaging cultural experiences are part of the Authentic Costa Rica Program.

### **KEYCHAIN MAKING**

The region's seashells, pebbles, and unique seeds are perfect to create a beautiful keychain and a one-of-a-kind memento of your stay.

### **CANDLE ART**

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Create beautiful sand-candle pieces to take home and enjoy. Includes a fun pick-up soccer game while the candles cool off.

### **BEACH PAINTING**

Give life to your own canvas, inspired by Hotel Punta Islita's singular beach. The small outcropping at the far end creates an iconic figure that will stay in your memories.

## AUTHENTIC COSTA RICA FOR FOODIES & MIXOLOGISTS

A destination's flavors are an essential part of the travel experience. Our Chef and Mixologists will gladly share the secrets behind signature Costa Rican dishes, healthy beverages, and specialty cocktails.

These sessions are part of the Authentic Costa Rica program.

### **TRADITIONAL TICO COOKING**

Learn the secrets behind Costa Rica's favorite flavors. From rice pudding to ceviche, our Chef will lead fun interactive sessions featuring fresh regional ingredients and signature Costa Rica traditions.

### **COCKTAIL MIXING**

Mix fun tropical cocktails like a pro! Our bartenders share their libation secrets, giving you pointers prepare original recipes.

### **CHORREADO COFFEE**

Enjoy coffee the Tico way! The chorreado brewing system imbues your favorite hot beverage with incomparable flavor and aroma. We will share the secrets behind this slow-crafted method. Perfect to enjoy with just-baked bread.

## PORT & WELLNESS

From yoga to golf! Hotel Punta Islita channels the region's positive energy and stunning views to engage health, wellness, and outdoor fun.

These family-favorite activities are part of the Authentic Costa Rica Program.

## PICK-UP SOCCER

In Costa Rica, soccer rules! Enjoy a mejenga, a friendly pick-up game at the Islita soccer field. It is perfect to establish a fun connection with our local neighbors.

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## AM STRETCHES

Greet the day and pamper your body. Guided stretches and breathing exercises to channel the ocean's energy.

## PILATES YOGA

Islita's gorgeous natural scenery will enhance the health benefits of Pilates/Yoga. Perfect to relax, energize, and cultivate blissful inner balance.

## Ultimate Costa Rica Add-Ons at Punta Islita

### Extended Honeymoon Package – 4 Days – 3 Nights

- Deluxe Room
- Daily breakfast
- 1 special in-room breakfast for two
- Islita Inspiration Cocktail
- Seaside Romantic Dinner
- Couple's massage (90 minutes)
- On-site activities\*\*

### Extended Beach Adventure Package – 4 Days – 3 Nights

- Deluxe room
- Daily breakfast
- Islita Inspiration Cocktail
- Special Twilight Zip Lining
- On-site activities\*\*

### Extended Family Beach Fun Package – 4 Days – 3 Nights

- 2-Bedroom Private Villa with plunge pool
- Daily breakfast
- Islita Inspiration Cocktail
- \$100 Casa Spa credit per stay

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- On Site activities\*\*
- 

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## *El Silencio*

— LODGE & SPA —

BAJOS DEL TORO • COSTA RICA

[elsilenciolodge.com](http://elsilenciolodge.com)



**Set in the Central Volcanic Valley. Bajos del Toro, Costa Rica. Flanked by two national parks.**

Floating like a cloud in the rainforest canopy near the Poas Volcano, El Silencio Lodge & Spa is one of the most secluded, tranquil and relaxing mountain hotels in Costa Rica. Our eco resort was created to be a luxury retreat for travelers who seek out authentic experiences and a deep connection to nature.

Simple luxury and exhilarating adventures are the essence of the El Silencio guest experience. A torch-lit forest dinner featuring farm-to-table ingredients from our organic farm and a curated wine list. Scenic hikes in the Hummingbird Garden and cloud forest trails. Zip-lining through the forest canopy or rappelling down the face of a roaring waterfall.

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Tours of Espiritu Santo Coffee Hacienda or sampling local goods and cuisine at a nearby country market.

El Silencio Lodge & Spa is located in picturesque Bajos del Toro on a 500-acre private cloud forest reserve flanked by the Juan Castro Blanco and Poas Volcano National Parks. Just 90 minutes from San José, our eco resort is a dream destination for Costa Rica mountain honeymoons, family vacations or wellness holidays.

El Silencio Lodge & Spa was the first Central American member of Relais & Châteaux, a curated collection of outstanding small hotels that highlights the planet's most select and truly unique destinations.



**3 daily organic/wellness a-la-carte meals included in rate.**

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**16 Premium Suites with private viewing deck and outdoor whirlpool.**

## SUITES & VILLAS

Our lodging is the essence of simple elegance. With canopied ceilings, locally sourced woods, ornamental bamboo reeds and floor-to-ceiling glass doors that slide open to a private deck, guests enjoy the surroundings in stylish, contemporary comfort. All accommodations feature panoramic mountain, river, or forest views.



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**Eco-Concierge for each visiting party.**

## Dining



Food is an essential part of the guest experience at El Silencio Lodge & Spa. Our dining options have been crafted to showcase the flavors, culture and culinary traditions of Costa Rica.

Guests enjoy the opportunity to dine in a pair of distinctive settings – Las Ventanas Restaurant and Hierbabuena Restaurant – which feature ingredients sourced from our organic mini-farm.

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## LAS VENTANAS RESTAURANT

Hours: 7:00 a.m. to 9:00 p.m.

El Silencio's Las Ventanas Restaurant pampers foodies with local flavors, fresh ingredients and a careful selection of ingredients from our own organic mini-farm. Framed by floor-to-ceiling windows, it draws in soothing forest views, creating a dining ambiance that fosters relaxation and a joyful celebration of Costa Rica's culinary scene.

Serving Breakfast – Lunch - Dinner

**Culinary Philosophy**

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Las Ventanas Restaurant is led by up-and-coming Chef Maria Cordero.. Born and raised in Costa Rica, her culinary offerings pay homage to Costa Rica's agricultural exuberance. Signature dishes highlight the country's diverse traditions with the freshest ingredients sourced from the on-property organic mini-farm.

“We create dishes that highlight Costa Rica's signature tropical exuberance and life-embracing culture. By reimagining our diverse culinary traditions, we heighten the unpretentious purity of fresh flavors, vibrant colors, and just-picked textures. At El Silencio Lodge & Spa, guests have a unique opportunity to draw from the land, selecting ingredients from our organic garden or fishing for their own trout. Our goal is to echo and amplify this connection to nature, triggering powerful and delicious memories of a traveler's experience in Costa Rica through dining options that heighten wellness, bliss, and balance.”

### **Organic Mini-Farm**

Organic Mini-Farm is the secret to our delicious dining options.

El Silencio Lodge & Spa's splendid organic mini-farm supplies most of the fresh, flavorful, and nutrient-rich organic ingredients that single out Las Ventanas Restaurant as one of Costa Rica's best and most unique farm-to-table dining destinations. A 5000 square foot organic greenhouse ensures year-round access to colorful vegetables, fragrant spices, and delicate herbs. Free-range chicken provide just-picked eggs while trout ponds let guests catch their own main dish! This back-to-roots wholesome experience enhances a primal connection to nature.

### **WINE EXPERIENCE**

Although Costa Rica does not have a winemaking heritage, we have embraced enology with playful enthusiasm. Our curated wine list experiments with non-traditional wine pairings, bringing together flavors in unexpected ways to fully engage the senses. Wine enthusiasts will find that Costa Rica's tropical zest brings out unique notes and unexpected complements and contrasts to delight a discerning palate.

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## HIERBABUENA RESTAURANT

Hours: 11:00 a.m. to 9:00 p.m.

The new Hierbabuena Restaurant offers a lively ambiance for all ages. This trattoria-style family restaurant welcomes hotel guests and day guests with home-style dishes that highlight fresh simplicity. Located near the Private Villas and Master Suites, Hierbabuena features El Silencio's signature forest-immersion architecture and panoramic views.

Serving Breakfast – Lunch - Dinner

## EXTRA VENUES & SPECIAL OCCAISON DINING

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## **FOREST SUNDOWN DINNER**

Savor a romantic torch-lit dinner in a private forest setting and live a storybook romance! Surrounded by torches and accent candles, your impeccably laid out table awaits. Perfect for honeymoons, anniversaries or a special proposal.

## **RIVERSIDE LUNCH**

Enjoy lunch on a private deck overlooking the Gorrion River, with gorgeous views complementing our signature fresh and organic dishes. The perfect way for couples or families to enjoy El Silencio's magical setting and signature cuisine, this is one of our guests' favorite onsite activities.

## Escencia Spa

# Experiences

## ONSITE

Both at the hotel and offsite, the experiences at El Silencio Lodge & Spa will let you sample Costa Rica's authentic natural landscapes, adventures, and charming culture.

Find your favorite activities and experiences at our family friendly resort in Costa Rica.

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“Trees are poems that the earth writes upon the sky.”— Kahlil Gibran. Plant a living legacy in Costa Rica’s carbon-offsetting forests and help bring back beautiful Quetzal birds to the region. This complimentary ceremony is one of the highlights of the El Silencio Experience.



An inspired walk through the Hummingbird Garden and cloud forest trails. A magical knot garden, hidden paths that embrace nature’s elements, and mesmerizing hummingbirds provide a relaxing hiking experience. A perfect chance to see El Silencio Lodge & Spa and the cloud forest from a different perspective.

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## WATERFALL MAGIC

Explore a waterfall wonderland. The best way to enjoy our private trails! Your Eco-Concierge will guide you along paths that trace a pristine creek to find soothing waterfalls. Learn the fascinating secrets of the cloud forest eco-system.



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Start your day surrounded by some of nature's most enticing bird species. El Silencio' trails are peppered with the area's most exciting feathered species including diminutive hummingbirds, black guans, and the seasonal quetzal. Great photo-ops for everyone, from newbies to experienced enthusiasts.



Bucolic landscapes are best appreciated on horseback. Ride and enjoy perfect views of Poas Volcano's heat-etched slopes, green pastures, and the charming Bajos del Toro community. This relaxed adventure provides a serendipitous chance to meet and greet members of the local community.

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Bring out your inner daredevil! Zip-line over the forest canopy and rappel down the face of roaring waterfalls. Choose your favorite or complete both for the ultimate bragging rights. These thrilling Happenings On Site are perfect for fit adrenaline buffs.



Savor a romantic torch-lit dinner in a private forest-surrounded setting and live a storybook romance! Surrounded by torches and accent candles, your impeccably laid out table awaits. Perfect for honeymoons, anniversaries, or a special proposal.

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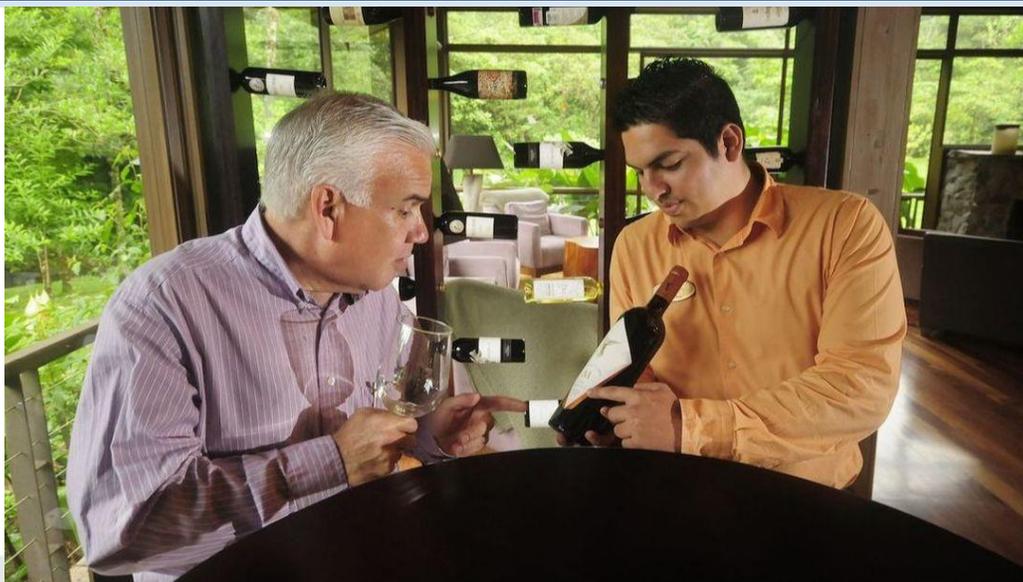
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Enjoy lunch on a private deck overlooking the Gorrion River, with gorgeous views complementing our signature fresh and organic dishes. The perfect way for couples or families to enjoy El Silencio's magical setting and signature cuisine, this is one of our guests' favorite onsite activities.



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Our Sommelier will guide you through a fun session to learn about wine and the secrets of food pairing, emphasizing non-traditional tropical cuisine. Elemental flavors are contrasted through two reds and two whites to best illustrate how to select the perfect wine for your favorite dishes.



Embrace Costa Rica's coffee excellence! An interactive session to savor this invigorating beverage. Learn from its history, social impact, varieties, and diverse brewing methods. Features premium samples from the highlands that trim El Silencio Lodge & Spa.

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### COOK LIKE A COSTA RICAN

Foodies will love picking their own organic veggies and herbs to prepare Costa Rica's hearty traditional dishes with our Chef. Learning about your destination's homespun culinary favorites is one of the best ways to connect with its culture and traditions.



The traditional decorations of the Costa Rican oxcart entail beautiful mandalas of nature-inspired patterns. Learn to create these colorful designs from a true local master, Eco-Concierge Ronald. Embrace your

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inner artist through local culture!

## Experiences

### OFFSITE

Both at the hotel and offsite, the experiences at El Silencio Lodge & Spa will let you sample Costa Rica's authentic natural landscapes, adventures, and charming culture. Find your favorite activities and experiences at our family friendly resort in Costa Rica.



A fun hiking session to reach a pair of Costa Rica's stunning blue waterfalls. Hued raleigh-scatter reflections are caused by the water's volcanic mineral content, creating a sight to behold and photograph!

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Embrace the living culture of Bajos del Toro, highlighting unique elements of Costa Rica's rural communities. Explore Don Martín's private orchid garden or learn to palm fresh tortillas at Doña Olga's home. These nearby Happenings Off Site are the most charming.

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A challenging hike down to the base of a roaring 400-foot waterfall that sinks into an extinct volcanic crater. One of Costa Rica's most impressive sights! The magnificent scenery will render you breathless.

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Visit an active coffee farm to learn everything about one of the planet's most sought-after beverages. From planting to brewing, coffee production is explained in a fun interactive session, peppered with insights about Costa Rica's historical ties to this marvelous crop and the special attributes that grow the world's best coffee.

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## LA TIRIMBINA: RAW CHOCOLATE EXPEDITION (60 MINUTES AWAY)

A former cocoa bean plantation embedded in the Sarapiquí River basin lets visitors live a hands-on chocolate making session. From cracking open the raw cocoa fruit, to hand grinding and adding your favorite complementary flavors for the perfect organic chocolate

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## SARCHÍ: THE OXCART PATH (60 MINUTES AWAY)

The colorful town of Sarchí is home to Costa Rica's traditional oxcart, recognized by UNESCO as an example of world cultural heritage. Local craftsmen carry on the legacy, transferring the beautiful patterns to authentic utilitarian art pieces Perfect . for finding the ideal gift or trip memento.

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## MERCADITO CULINARY ADVENTURE (60 MINUTES AWAY)

Explore a local market, purchasing the fresh ingredients for a traditional Olla de Carne stew (vegetarian version if requested). Interacting with local farmers and shopkeepers is a fun way to engage your destination. Followed by a group cooking session back at El Silencio Lodge & Spa.

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## ARENAL VOLCANO HOTSPRINGS (2 HOURS AWAY)

Set in Costa Rica's lush northern plains, Arenal is one of Costa Rica's iconic landmarks. A magnificent example of a conical volcano it is known for its wild vegetation and a maze of soaking hot springs. Perfect for therapeutic relaxation.

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## POZO AZUL RAINFOREST ADVENTURES (2 HOURS AWAY)

A complete eco park for adrenaline enthusiasts! From white-water rafting down the Sarapiquí River to intense mountain biking. Choose your favorite or favorites for the ultimate Costa Rica adventure experience.



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The sound of flowing water, whispering breezes, nourishing earth, and the primal flicker of candles converge in harmony for relaxing massages and wellness body wraps. Standout features include the al fresco Yoga Deck and the Conical Room, designed to channel the Costa Rican forest's essential life energy.

Esencia Spa is a unique wellness sanctuary that lets you enjoy the best of Costa Rica's natural healing ingredients in an enchanting hotel destination. The sound of flowing water, whispering breezes, nourishing earth, and the primal flicker of candles converge in harmony for relaxing massages and nourishing body wraps. Standout features include the al fresco Yoga Deck and the Conical Room, designed to channel the Costa Rican forest's essential life energy.

Located by a creek and shrouded by Costa Rica's dense tropical forest, the spacious al-fresco Yoga Deck prompts full communion with nature. Fragrant earth, billowing wind, fluttering candles and streaming water fully engage the senses and enliven the spirit.

Private yoga classes are available but must be pre-scheduled with the reservations department. El Silencio Lodge & Spa can also host specialized Yoga Retreats. Yoga instructors are encouraged to organize their own groups, yoga enthusiasts can ask us to create a fully customized event. For an example of a themed retreat please explore our exclusive 4 Elements Program.

## **Signature wellness treatments at Esencia Spa.**

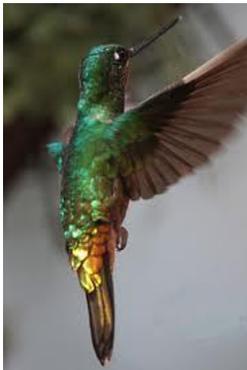


**Nature treks: Bird watching, hiking, horseback riding.**

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**Private hiking trails dotted with waterfalls.**



**Nearby eco-adventures: Canopy zip-lining, horseback riding, rappelling, rafting.**

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**Maximum sustainability rating (5 leaves) by the Costa Rican Sustainability Certification.**

## Ultimate Costa Rica Add-Ons at El Silencio & Punta Islita

### **Extended Honeymoon Package – 4 Days – 3 Nights**

- Suite with private viewing deck & whirlpool
- Daily a-la-carte breakfast
- Chocolate-covered seasonal fruit
- Eco-Concierge assistance
- Guided hiking adventure
- Los Bajos cultural experience
- Forest Sundown romantic dinner
- Couple's Aromatherapy massage (60 minutes)
- Horseback riding or bird watching

### **Extended Splendid Cloud Forest Package – 4 Days – 3 Nights**

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- 2-bedroom Villa with private deck & whirlpool
- Daily a-la-carte breakfast
- Guided hiking adventure
- Oxcart Painting Lesson
- \$100 Esencia Spa credit per stay
- Zip-Lining Adventure
- Horseback Riding or Guided Waterfall Hike

## **Extended Adventure Package – 4 Days – 3 Nights**

- Suite with private viewing deck & whirlpool
- Daily a-la-carte breakfast
- Eco-Concierge services
- Guided hiking adventure
- Extreme waterfall adventure
- Adventure Park: (canopy & rappel)
- Horseback Riding or Waterfall Hike

## **Extended Mountain & Beach Honeymoon Package – 6 Nights**

### **Punta Islita: (3 NIGHTS)**

- Deluxe Room
- Daily breakfast
- 1 special in-room breakfast for two
- Islita Inspiration Cocktail Seaside Romantic Dinner
- Couple's massage (90 minutes)
- On-site activities\*\*

\*\* Select resort-led activities: Art sessions, zip-lining, horseback riding, cooking lessons & more

### **El Silencio: (3 NIGHTS)**

- Suite with private viewing deck & whirlpool
- Daily a-la-carte breakfast
- Chocolate-covered seasonal fruit
- Eco-Concierge assistance
- Guided hiking adventure
- Los Bajos cultural experience
- Forest Sundown romantic dinner
- Couple's Aromatherapy massage (60 min)

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- Horseback riding or bird watching

COSTA RICA: BEACH + MOUNTAIN ROMANCE \* 6 nights total. Taxes included. Double occupancy. Subject to rules and availability.

## Extended Beach & Mountain Adventure Package – 4 Days – 3 Nights

### **Punta Islita:** (3 NIGHTS)

- Deluxe room
- Daily breakfast
- Islita Inspiration Cocktail
- Special Twilight Zip Lining
- On-site activities\*\*

\*\* Select resort-led activities: Art sessions, zip-lining, horseback riding, cooking lessons & more

### **El Silencio:** (3 NIGHTS)

- Suite with private whirlpool
- Daily a-la-carte breakfast
- Eco-Concierge services
- Guided hiking adventure
- Extreme Waterfall Adventure
- Adventure Park Canopy & Rappel Thrill
- Horseback Riding or Waterfall Hike

COSTA RICA: BEACH + MOUNTAIN Adventure Package \* 6 nights total. Taxes included. Double occupancy. Subject to rules and availability.

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**End of Services.**

**Ready to plan your journey? Contact us today ! 678-500-9548**

**Schedule Your Creative Planning Session Now!**



## Isla Chiquita Island- Glamping Hotel

**UNFORGETTABLE ACTIVITIES AND ADVENTURES AT  
THE GULF OF NICOYA**

Blending the exhilaration of camping with the rich comforts and services of a beach hotel, Isla Chiquita was created to offer travelers and adventure seekers a deep connection to the land, ocean, cuisine and down-to-earth lifestyle of The Gulf of Nicoya, Costa Rica.

### **An Experience Like No Other**

On the shores of Costa Rica's Gulf of Nicoya, a truly inspiring travel experience beckons. Each of our 15 glamping tents combines the exhilaration and thrill of camping with the glamorous appointments of traditional beach resorts. Designed so that every guest may enjoy a deeply relaxing stay and delight in the ocean views all tents feature a King bed, a day bed lounge, a private shower and bathroom with double sinks, and a spacious lounging deck with stunning ocean views.

Isla Chiquita is a little island with a big promise. Surrounded by views of the peaceful Gulf of Nicoya and bathed in a cool ocean breeze, it provides an intense "back to nature" getaway. This is a truly special place, where visitors not only enjoy unforgettable activities

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and adventures, but depart feeling transformed by their experience. Our 15 premium tents invite guests to unwind and be transported to a state of unparalleled tranquility and bliss.

## WHAT IS GLAMPING?



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As the only island “glamping” hotel in Costa Rica, Isla Chiquita elevates the traditional camping experience with glamor-style comforts like a King bed, a day bed lounge, a private shower & bathroom with double sinks, and a spacious lounging deck with stunning ocean views highlighting the Gulf of Nicoya

## GLAMPING TENT SUITE

Isla Chiquita’s luxury glamping tents combine the fun excitement of camping with traditional hotel comforts. Each features a King bed, a day bed, and a private bathroom. A spacious alfresco deck overlooks the ocean for lounging and relaxing. Two ceiling fans and the ocean breeze keep guests comfortable. Please note that there is no AC.

- One King bed
- Day bed
- Viewing deck
- Coffeemaker
- Mini refrigerator
- Minibar

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- Fan
- Local, organic personal care products
- Hairdryer
- Safe

## Dining On The Island



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## DONDE TÍA NORA RESTAURANT

**Hours: 7:00 a.m. to 9:00 p.m.**

Tía Nora (Aunt Nora) is one of Costa Rica's most beloved sport fishing pioneers. For more than forty years, this charming little island served as a special resting ground for Tía Nora and her many friends during their seaward adventures. Today, Isla Chiquita embodies that legacy of friendship and camaraderie. You are cordially invited to join in and enjoy the ocean, great food, and much laughter at our restaurant on the beach.

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**HARRY'S BAR**  
**Hours: 11:00 a.m. to 9:00 p.m.**

Located in the main lobby area, Harry's Bar provides the perfect gathering spot for an afternoon snack, pre-dinner drink or evening nightcap.

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The dining experience at Isla Chiquita brings together the best of two worlds, the stunning natural beauty of the Gulf of Nicoya and the freshest ocean-to-table seafood to be found in Costa Rica. Our culinary team celebrates the bounty of island cuisine, promising an array of flavors with every dish served.

Please note that Isla Chiquita guests enjoy a complimentary buffet breakfast each morning. With menu items ranging from continental, American and Tico specialties to healthy options, it's the perfect start to everyone's day.

## EXPERIENCES

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At Isla Chiquita, your location is in the middle of the Gulf of Nicoya, Puntarenas offers unbound eco-adventures on land and sea. Enjoy an engaging selection of excursions and thrills including;

- ocean kayaking
- stand-up paddle-boarding
- bird watching
- sport and artisan fishing
- sunset cruises
- island and beach hopping tours.



## KAYAKING EXPEDITION

The waters surrounding Isla Chiquita offer a fantastic setting for a fun guided kayaking adventure. Perfect to connect with the ocean, gaze at birds in flight, marvel at crustaceans, and other marine life. It combines adventure, physical activity, and the incomparable serenity of gliding through the water.

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### BIOLUMINESCENCE ADVENTURE

Our planet offers privileged locations that feature a mesmerizing natural phenomenon when the ocean lights up during very dark nights. Produced by high concentrations of light-emitting plankton, bioluminescence imbues the waters with a starry night effect. This one-of-a-kind evening kayaking adventure will seek this spectacle in the waters surrounding Isla Chiquita.



### MORNING BIRD WATCHING HIKE

Isla Chiquita and its surrounding islands host a diverse collection of coastal birds. Their relative isolation has given rise to unique environmental adaptations that are fascinating to study. This guided hike will let you peek at the secrets of our special tropical dry forest, taking you to the highest point for the best views of the Nicoya Gulf and/or Punta Cuchillo Island.

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### ARTISANAL FISHING

Artisanal fishing is a key component of the region's culture and economy. Traditions that have been passed from generation to generation are essential to the lifestyles of many of our neighbor communities. A local fisherman and a guide will take you on a small boat in a charming expedition to the area's best spots.



### DON CHICO'S FINCA

Located right across the waters from Isla Chiquita, Paquera Community is well-known for its indigenous plantain and sweet guava produce. Don Chico's farm offers an authentic experience that lets you explore plantations, learn about Costa Rica's local agriculture, and enjoy freshly prepared snacks.

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### CURÚ BIORESERVE EXPEDITION

The first private biological reserve in Costa Rica extends an invitation to embrace adventure. Wild trails lined with tropical wonders set the stage for discovery and surprise. Monkeys, birds, and other exotic species will grant you a strong connection to nature. Hiking difficulty ranges from tame to intense. Just talk to your guide to choose your preferred pace.



### BEACH HOPPING

The perfect option for beach enthusiasts! Board an open boat and voyage through the Gulf of Nicoya in search of your favorite sun & sand spot to enjoy swimming, snorkeling, or simply laying back to let the coastal breeze tease your hair.

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### TORTUGA ISLAND

White sand trimmed by clear blue ocean is Tortuga Island's signature sight. Considered one of the most beautiful islands South of the Nicoya Peninsula, it can be reached in less than thirty minutes from Isla Chiquita. Enjoy the views, snorkeling, and a-la-carte paid activities like hiking, kayaking, and banana boat rides. During your stay, you will enjoy access to an exclusive area with special amenities.



### SAN LUCAS ISLAND

The San Lucas National Wildlife Reserve brings a green present to a mysterious island's dark past. Notorious for inspiring the raw novel "The Island of Lonely Men" by Costa Rican author José León Sánchez, San Lucas was the country's "Alcatraz" for more than 100 years. The former prison and its rough roots have been given new life as a historical & biological conservation center. Forty minutes away by boat.

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## SPORT FISHING

The thrills of sportfishing are closely tied to Jesusita Island, home to Isla Chiquita. For many years, this tiny island nook was a favorite resting spot for sport fishing enthusiasts. It is only natural for us to offer guided expeditions to let you experience the ocean's raw big-game challenge.

## Ultimate Costa Rica Add-Ons at Isla Chiquita

**2 & 3 Night Extension Packages Available**

### **MAGICAL ISLAND PACKAGE INCLUDES:**

- Three nights accommodation with breakfast
- Welcome drink
- Self-guided kayaking & SUP
- San Lucas visit
- Beach Hopping experience
- Torchlit dinner
- Round-trip boat transfers from Paquera

### **SPLENDID GET-A-WAY PACKAGE INCLUDES:**

- Two nights accommodation with breakfast, lunch and dinner
- Welcome drink
- Bioluminescence Quest or Moonlight Kayaking Adventure

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- Curú Bio Reserve Expedition
- Round-trip boat transfers from Paquera

### ISLAND ADVENTURE PACKAGE INCLUDES:

- Glamping tent with deck
- Breakfast
- Welcome cocktail
- Self-guided kayaking & SUP
- Bioluminescence or moonlight kayaking
- Isla tortuga expedition
- Artisanal Fishing
- RT boat transfer from Paquera

**End of Services.**

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