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— TRANSFORMING DREAMS INTO MEMORIES —

Groups 7 Day Ireland Lough Cutra The Ultimate Team Building Experience



CUSTOM ITINERARY – YOUR DATES – FLEXIBLE INCLUSIONS

8 Day GROUP ITINERARY

****This is a sample Itinerary based on a group with 21 Rooms.
Groups of all sizes can be accommodated on this itinerary.
Accommodations will change depending on size of group.**

This Itinerary Is A Celebrity Hosted Itinerary

Day 1 Arrival Ireland : US – Ireland – Shannon Airport – Lough Cutra Castle

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Ireland Castles Experience



The countryside surrounding Lough Cutra Castle contains evidence of a history dating back to the Irish-Celtic mythology of the Tuatha Dé Danaan.

Old churches, cells and monasteries are prolific in the area, with some of the islands on the lake containing the remnants of stone altars.

The history of the actual estate can be traced back as far as 866 A.D. when the ruined church of Beagh was sacked by the Danes and war raged through the district for nearly 1,000 years.

The Castle itself was built during the Gothic revival period and is idyllically situated overlooking the Estate's 1,000 acre lake (the largest privately owned lake in Europe), home to the open-water swim of the Lough Cutra Castle Triathlon.

Upon arrival, your Private English-speaking Professional Escort will meet your group in the customs area, to escort you through customs, maneuver through the airport, and to deliver you to your English-speaking Coach Drivers in Baggage Claim. **You will be met by a Piper who will be playing lively Irish music to the beloved sounds of the Bagpipes.**

Once the entire group has assembled they will set off in two coaches.

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You will stop for lunch at the **Fisherstown Inn** at circa at 1 pm, where Irish Coffees will be served. There will be a group of strolling musicians in the pub who will be practicing for a really important gig that they have to play.

On arrival at the Castle the local hunt with scarlet coated horsemen, hounds and horns will escort the group to the castle.

Drinks and nibbles will be laid out in the hall whilst the group are taken to their rooms and to the cottages around the estate.

As the guests will probably be tired an **early buffet supper** is planned, with local musicians for entertainment – the group that they met earlier in the pub!

Day 2 Ireland : Lough Cutra Castle

Breakfast in the Castle.

After Breakfast, Within its ancient walls the group is divided into teams who vie with each other at bygone arts - weaving, dressing your knight in his armour (all 20 pieces of it), blacksmithing, candle making, word turning, archery...



Activities:

Arming the Knight: teams of squires compete to dress their "champion" in a full set of 15th century armour (all 20+ pieces are laid out and teams must figure out which piece goes where, and how it attaches). Team with the fastest time and most accurately dressed Knight wins.

Skill-at-Arms: demonstration fighting with several types of weapon. Swordsmanship skills: qualified instructors safely teach the basic moves with wooden "waster" training swords, progressing to (blunted) steel weapons. This is very realistic-but-safe training with real effort required. Can progress to one-on-one bouts with point-scoring system.

Skill with the bow: learn to shoot with the longbow. Progressing to scored target competition.

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"Paintbow" shooting with rubber blunt arrows and light bows through the woods. Will need some safety equipment (goggles, helmets, shields). Team competition rules apply (consider this one carefully – opportunity for accidents unless well supervised).

Jousting at the Quintain: train with the wooden Jousting Horse run on a pulley. Learn how to steady the lance and score a "hit" on the swinging shield called a quintain (if you miss it hits you back!), or see how many rings each team can collect when "running at the ring".

The Art of Heraldry: devise a Coat of Arms using the heraldic colours and symbols to blazon your team's shield. An expert in heraldry shows how to create your personal statement.

Courtly Love: compose a sonnet to your Lady Fair, or sing a song of unrequited love. A knight is expected have a facility with words and music.

Learn to play a Medieval tune on an authentic replica instrument (large selection) and hear our court musicians play a lively and/or soothing accompaniment.

Practise some of the court dances and manners in preparation for.....

The Medieval banquet: feasting, entertainments (fire eaters, jugglers, music and dance). This is where the Champion dons his Golden Spurs and is garlanded as the winner of the tournament.

After your team events and the champions are crowned, there will be a presentation of Jousting for your enjoyment. Jousting (non-contact) demonstration with costumes, real horses, and weapons skills from horseback.

The afternoon concludes with a Falconry Demonstration. There will be some hands-on interactive experiences attached to the demonstration for some of the group (with consent).

For Dinner this evening, enjoy a medieval dinner, roasted over an open fire. This will be an authentic replica of this medieval event with all the trimmings and entertainment.

Day 3 Ireland : Lough Cutra Castle – County Clare

Breakfast in the Castle.

After Breakfast, you will be transferred, An hour from the Castle in the heart of County Clare is a charming cookery school. Dividing the group into teams of two or three they will each have to try their hand at culinary skills.

To add a little complication to the morning, run it as A Hot-Cha-Cha Chili Cook-Off

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Primary Benefit: Team Building

Secondary Benefits:

- Have fun
- Play together
- Resource Management
- Negotiation Skills
- Create a memorable experience for the group
- Friendly competition

The Game: Chili. Chili con carne. Texas Red. Whatever you call that savory concoction of meat, grease, and fire, it is without a doubt the natural child of the arguing state of mind.

There's no standard recipe -- only curiosity and debate -- and almost anyone's first thought after a taste of somebody else's version, no matter how much it pleases the throat, is that they could do it better.

But to truly appreciate chili, one has to do more than taste it. You have to experience first-hand what it's like to earn each ingredient; to have to stare deep into its restless, lonely heart.

You and your team now have the opportunity to participate in this great debate. See your fiery delight through from start to finish, beginning with trading and bartering for ingredients, both at the General Store and with other teams.

After creating the best darn chili ever, you design a marketing campaign to promote your culinary marvel, complete with an artistic sales pitch and commercial jingle.

Judges score the chili, holding up hilarious signs like "that's going to hurt tomorrow," "don't quit your day job," and "hasta la vista!" Negotiation and teambuilding skills are essential to success in this fun and engaging program.

Training Module or De-Brief: An optional debrief can be led by a trained facilitator around recognizing team strengths.

Program Length: 90 minutes to 2 hours.

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Follow this with lunch at the cookery school.

After lunch, the coaches will depart to explore the Cliffs of Moher – bicycles will be laid on (a coach at the ready in case of really bad weather). The Cliffs of Moher are sea cliffs located at the southwestern edge of the Burren region in County Clare, Ireland. They run for about 14 kilometres.



You will be returned to the castle after the tour.

This evening a formal dinner at Lough Cutra

Day 4 Ireland : Lough Cutra Castle – Team Building

Breakfast in the Castle.

After Breakfast, Within the confines of The Lough Cutra Castle Estate we can offer a variety of non- weather dependent team building games (your group will pick one event) such as –

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GAME 1:

\$1 Million Wheel of Jeopardy Feud

Primary Benefit: Pure, unadulterated fun.

Secondary Benefits:

- Improve communication skills
- Foster healthy competition
- Create a memorable group experience

The Game: How many times have you felt your pulse race as you watch the contestants sweating it out on a real TV Trivia show? Of course *you* know the zillion dollar answer, but there you are sitting helplessly on your couch. Meanwhile back at the office, how many times have you wished you could prove to your coworkers once and for all that you really are the sharpest knife in the box?

Our hilarious game show spoof, the One Million Dollar Wheel of Jeopardy Feud, is just what you've been waiting for. Join zany host Alec Trajak in the biggest, wildest game show of them all.

Your group will battle it out in pursuit of big prizes, fleeting fame and big fun. The excitement builds as one team of finalists go for a chance to win a cool \$1 million jackpot!

The team building value of The One Million Dollar Wheel of Jeopardy Feud is undeniable. It's a great Ice-Breaker, giving participants a chance to really get comfortable working together. This lively interactive event also makes for a great morale booster ? it's amazing what a healthy dose of laughter can do to build team spirit.

Training Module or De-Brief: This event makes a great teaching tool. We can easily customize it by incorporating company info, product info, conference themes and other educational topics into the trivia questions. An optional debrief, led by a trained facilitator, focuses on recognizing team strengths.

Program Length: Approximately 45 to 90 minutes, depending on the size of your group and your time requirements.

GAME 2:

Corporate Survivors

Primary Benefit: Team Building

Secondary Benefits:

- Out-of-the-box thinking
- Problem Solving
- Prioritization

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- Time management
- Communication

The Game: Fashioned after the hit reality show participants will be put to the test not only to survive the game, but too survive each other.

Through a series of fun and challenging tasks that range from the silly to the intense, each team will work together to match their skills against the other groups.

There are physical and mental challenges that each team and they will compete to get the highest scores in all categories.

The game is played in four rounds and at end of each round each team's score is tallied and sub-totaled.

The team with the lowest score for that quarter must handover a few members of their team to the highest scoring team at that point in time.

Teams will square off against each other for certain tasks and will also perform individual tasks for points.

The games vary from event to event, but each program usually includes:

- Assorted Relay Races, with crazy twists
- The "U" Create It Obstacle Course
- Lateral Thinking Puzzles
- Brain Teasers
- Map Reading
- Mystery Food Tasting

The teams will be put to the test with other fun games such as "Who Are You". This is a game that shows how much team members really know about their co-workers. There is a guessing game called "What The Heck Is It Already?" where team members are given various descriptions of plant, animal or mineral and they have to guess what is being described. There are also riddles and word associations that will stump the best of them. As each team play's they will be allotted points depending on their performance.

As they continue to play those teams that may have lost team members can regain new members by having the highest scores at the end of the other rounds and teams that have gained members can lose them.

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At the end of the game, points are deducted or added depending on the number of teammates each team has left.

The team with the highest score at the end of the final round, are the true "Survivors" and also the winners.

Note: The game can be adapted to all ages and can also be played with just mental challenges.

Program Length: runs approximately three hours, depending on the size of your group, can be done indoors or out.

This evening head to Bunratty Castle for dinner and a show.

Day 5 Ireland: Lough Cutra Castle – Burren

Breakfast in the Castle.

Today you will have an opportunity to select a sporting event for your group.

After Breakfast,

You will be transferred to one of the beautiful golf courses in the area for a morning of golf.

You will be transferred to one of the beautiful rivers/lakes in the area for a morning of fly fishing with an instructor.

You will be transferred to one of the falconries in the area for a morning of interactive falconry.

You will be transferred to one of the interesting caves in the area for a morning of potholing.

Lunch will be in the area of the morning event you select (TBD).

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This afternoon, you will be transferred to the Burren with an archeologist, who will describe the burren on your trip, offer interesting stories, and enlighten you with why this area is so important to Ireland locals.

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Once you are in the burren, you will embark on a walking tour where you will see first-hand what the burren is like, how it contributes to Irish life, and many interesting particulars related to this fascinating area of Ireland.

After your tour, you will be returned to the castle, where you will be at leisure until dinner.

This evening a dinner of local produce - The Burren Smokehouse, The St Tola Cheese Company, The Lahinch Periwinkle producers, - the dining room will be altered to replicate a barn with lots of different stands offering local delicacies with local producers manning them and describing their dishes (and drinks!).

It's a twist on dinner but one that you will really like.

Day 6 Ireland: Lough Cutra Castle – Galway

Breakfast in the Castle.

After breakfast, you will board your coaches for a day in Galway, a harbor city on Ireland's west coast, sits where the River Corrib meets the Atlantic Ocean. The city's hub is 18th-century Eyre Square, a popular meeting spot surrounded by shops and traditional pubs that often offer live Irish folk music. Nearby, stone-clad cafes, boutiques and art galleries line the winding lanes of the Latin Quarter, which retains portions of the medieval city walls.

Each Coach will have a Professional Local Guide who will first, give you a detailed overview of Galway as you drive through the city, and surrounding areas. There will be stops for photos. At lunch, you will be free to explore Eyre square and eat in one of the local pubs or restaurants as you choose. You will have 2 hours at leisure. A prompt return to the coaches is necessary to complete the day's events and maintain the schedule.

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After lunch, you will visit the Aran Islands.



Accessible via a short ferry trip from Galway Bay, the three ruggedly beautiful Aran Islands feature ancient ruins of churches and monuments, as well as extremely hospitable locals. Visiting the islands is like stepping back into a time before globalization and commercialization.



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Visit one of the villages and Listen to some traditional Irish music, purchase some handmade crafts and gaze out into the immensity of the Atlantic Ocean before heading back to modernity on the mainland.

Dinner tonight will be at the Castle.

Day 7 Ireland: Lough Cutra Castle – Shannon – US & Home

Breakfast in the Castle.

After breakfast, you will be transferred to Shannon Airport to meet your international flight back to the US and forward to Home.

End of Services.

Ready to plan your journey? Contact us today ! 678-500-9548

Schedule Your Creative Planning Session Now!